

Breathing Room (1990)
for 2-channel audio

This is the first in a series of *Breathing Room* pieces. Music as breath—like nourishment. Breathing as nourishing musical space. The breath—my breath —is heard throughout the three minutes. All sorts of musical/acoustic things happen as I breathe in and out. Each breath makes its own, unique statement, creates a specific place in time. Meanwhile the heart beats on, propelling time from one breath to the next.

Length: 3:00

Hildegard Westerkamp